

# TRANSPORTATION AND ACTIVITIES IN THE CAPITAL REGION

## BUS LINES/TOURS

*Adirondack Trailways*; 411 Washington Avenue; Kingston, NY 12401; 518-436-9651 or 800-225-6815; www.greyhound.com

*Upstate Tours & Travel*; Box 325, Geysler Road; Saratoga Springs, NY 12866; 518-584-5252 or 800-237-5252; www.upstatetours.com

*Wade Tours*; 797 Burdeck Street; Schenectady, NY 12306; 518-355-4500; www.wadetours.com

*Yankee Trails World Travel*; 569 Third Avenue Extension; Rensselaer, NY 12144; 518-286-2400 or 800-822-2400; www.yankeetrails.com

## SHOPPING

Colonie Center (Central Ave.): 459-9022

Crossgates Mall (Off Washington and Western Aves.): 859-9565

Stuyvesant Plaza (At Western Ave. and Fuller Rd.)

## CAPITAL REGION RECREATION DEPARTMENTS

Albany .....	434-5699
Bethlehem .....	439-4360
Clifton Park .....	371-6651
Guilderland .....	356-1980
Niskayuna .....	372-2519
Rensselaer .....	477-5339
Rotterdam .....	355-7450
Saratoga .....	587-3550
Schenectady .....	382-5152
Scotia .....	374-8611
Troy .....	235-0215
Watervliet .....	270-3811

## PUBLIC GOLF COURSES

Airway Meadows .....	792-4144
Altamont Orchards .....	861-6515
Ballston Spa Country Club .....	885-7935
Briar Creek Golf Course .....	355-6145
Brookhaven Golf Club .....	893-7458
Brunswick Greens Golf Course .....	279-3848
Burden Lake Country Club .....	674-8917
Capital Hills at Albany .....	438-2208
Clifton Knolls Executive Golf Course .....	373-1435
Colonial Golf, Inc. .....	439-2089
Country Club Golf, LLC .....	371-3798
Eagle Crest Golf Club, Inc. .....	877-7082
Evergreen Country Club .....	477-7921
Fairways of Halfmoon .....	664-1578
French's Hollow Fairways .....	861-8837
Galway Golf Course .....	882-6395
Hiawatha Trails .....	456-9512
Hillcrest Golf Club .....	355-9817
Kingswood Golf Club .....	747-8888
Maria Mountain Golf Course .....	864-5142
Mill Road Acres Golf Course .....	785-4653
Mohawk River Country Club .....	399-1920
New Course at Albany .....	438-2208
Orchard Creek Golf Club .....	861-5000
Pheasant Hollow Country Club .....	479-GOLF
Pioneer Hills Golf Course .....	885-7000
Pole Valley Players Club .....	632-9632
Saratoga Lake Golf Club .....	581-6616
Saratoga National Golf Club .....	583-4653
Saratoga Spa Golf Course .....	584-2006
Shenandoah Golf Club .....	1-800-771-7711
Stadium Golf Club .....	374-9104
Sunny Hill Golf Course .....	634-7698
Sycamore Country Club .....	756-9555
Van Patten Robert Golf Course .....	877-5400
Western Turnpike Golf Course .....	456-0786

Whispering Pines Executive .....	355-2724
Winding Brook CC .....	758-7054

## PRIVATE GOLF COURSES

Albany Country Club .....	765-2854
Edison Club .....	399-2992
Evergreen Country Club .....	477-7921
McGregor-Links Country Club .....	584-6270
Olde Kinderhook Golf Club .....	766-3715
Pinehaven Country Club .....	456-7111
Van Schaick Island Country Club .....	237-0145

## MINIATURE GOLF

Clifton Park Golf Driving Range .....	371-3112
Control Tower .....	782-9242
Dan's Miniature Golf .....	899-0131
Funplex Funpark .....	477-2651
Glenville Mini Sportplex .....	393-4140
Hoffman's Miniature Golf .....	785-9891
Mill Creek Golf .....	885-7888
Oasis Park Miniature Golf .....	283-3646
Pirate's Hide-Out .....	373-8438
Player's Park-Eagle Crest .....	877-0406
Slices Ice Cream Parlor & Miniature Golf ..	885-3055
Tee Time Golf .....	439-7326

## PRACTICE RANGES

Burke's Duffers Den .....	584-4444
Clifton Park Driving Range .....	371-3112
Golf Dome .....	220-5000
Golf World 29 West .....	580-1473
Hoffman's Driving Range .....	785-9891
Northway 8 Golf Center .....	371-3141
Rte Fore Golf Center .....	283-8836
Saratoga Spa Golf Shop .....	584-2006
Wintergreens-Rejuvenations Health Center	458-2576

## GO-KARTS

All Seasons Motorsports .....	843-2548
Funplex Funpark .....	477-2651
Glenville Mini Sportplex .....	393-4140
Victory Lane Speedway .....	479-3386

## BASEBALL BATTING RANGES

AllStars Academy .....	271-4488
Clifton Park Range .....	371-3112
Control Tower .....	782-9242
Funplex Funpark .....	477-2651
Glenville Mini Sportplex .....	393-4140
Hayner's Sports Barn .....	664-4537

## BASEBALL INSTRUCTION

AllStars Academy .....	271-4488
Double Play Baseball .....	862-9942
Frozen Ropes .....	435-2424
Hayner's Sports Barn .....	664-4537

## LITTLE LEAGUE ORGANIZATIONS

American Little League .....	463-3324
Armory Little League .....	274-3533
Ballston Spa Junior Baseball League .....	885-8569
Clifton Park Baseball League .....	383-4419
East Greenbush Little League .....	477-6440
JC Little League .....	393-5830
National Little League .....	438-0483
Pine Bush Leaguers .....	861-3658
Rensselaer Little League .....	434-6730
Troy Central Little League .....	274-1526
Watervliet Little League .....	272-2304
Whitehall Little League .....	463-3481

# VITAMIN CENTER

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**391 Sand Creek Road  
Albany, NY 12205  
518.489.0797**

**568 Columbia Turnpike  
East Greenbush, NY 12061  
518.479.5058**

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