

# The Capital District's Recreational Sports Leagues

3500 Area Athletes

### **SPORTS**

### **ADULT BASEBALL**

8 teams (Summer)



### **ADULT BASKETBALL**

12 teams(Winter)



### FLAG FOOTBALL

Adult Men: Over 60 Teams

Coed: Over 12 Teams

Youth: Ages 6-14, Over 120 players

### **ADULT SOFTBALL**

Over 100 teams (Summer & Fall)



### **STAFF**

### Frank Rogers

President

### Robert Enoch

Vice-President of Operations

### Pete Benson

Game Day Operations, Assistant Softball Commissioner

### Glenn Posca

Webmaster

### Dan Currier

Computer Satistician

### Mike Gallo

Senior Instructor of Referees

### This Week in Flag Football TV Show Staff:

Colin Martin

Co-Anchor

### Matt Flowers

Co-Producer

518,427,8414

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# ALL-AMERICAN SPORTS & RECREATION DELIVERS BOTH COMPETITION AND QUALITY

by Nick Derasmo



COMPETITION AND QUALITY – BOTH INVOLVED IN FLAG FOOTBALL

Frank Rogers founded the All-American Sports Recreation (AASR) organization from his mere love of sports - and a walk through downtown Albany. A group of people playing flag football ritually during the weekend in Lincoln Park gave him the idea to start a league. The premise of the organization was to create a league designed to make every player feel as though they are a professional in their own abilities of play.

He put it together using his sports organizational skills and his business background. AASR offers flag football, baseball, basketball, and softball. Similar to the flag football league, its softball counterpart started with 8 teams and now currently has 105 teams.

"The organization has grown incredibly. In the next five years I would like to see All-American Sports Recreation expand both regionally and nationally," Rogers said.

As a graduate in 1994 from Siena College, Rogers majored in accounting and then founded his company in 1996. His idea and dream of starting this organization has really taken off.

In 1998, AASR developed a television program, "This Week in Flag Football," which aired in the Capital District and was the first in the country for a recreational sports league. The organization also created the Syracuse Metro Flag Football League the same year.

### "QUALITY SPORTS WITH A COMPETITIVE ENVIRONMENT"

In 2001, the company purchased the Northern Virginia Flag Football Association



FRANK ROGERS

consisting of 60 teams. In addition to Texas Stadium, several Flag Football Superbowls have also been played at Giants Stadium. Also,

the company recently hired Robert Enoch and Peter Benson as Assistant Commissioners to expand the business.

"They have helped a great deal in making this organization what it is; a healthy sports environment that enables people of all ages to interact and build on sportsmanship, friendship, and a healthy lifestyle," Rogers said.

Recently, All American Sports Recreation has partnered up with Albany Conquest to

publish the Capital Region Sports Amateur League & Entertainment Journal. Together they are exploring the feasibility of developing a sports dome in the near future. They also teamed up with the City of Albany to possibly develop an outdoor sports complex.

"I grew up playing sports as a child," Rogers said.

"I was the child that would knock on the doors of the other children to see if they wanted to come outside and play."

And he started this to create an atmosphere that would provide quality sports, as well as a competitive environment. For more information on AASR, call 427-8414 or visit www.aasrec.com.



Magazine 3/29/04 4:08 PM Page 17



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