



The Capital District's Recreational Sports Leagues

3500 Area Athletes

SPORTS

ADULT BASEBALL

8 teams
(Summer)



FLAG FOOTBALL

Adult Men: Over 60 Teams
Coed: Over 12 Teams
Youth: Ages 6-14, Over 120 players



ADULT BASKETBALL

12 teams
(Winter)



ADULT SOFTBALL

Over 100 teams
(Summer & Fall)



STAFF

Frank Rogers
President

Dan Currier
Computer Statistician

Robert Enoch
Vice-President of Operations

Mike Gallo
Senior Instructor of Referees

Pete Benson
*Game Day Operations,
Assistant Softball Commissioner*

This Week in Flag Football TV Show Staff:

Colin Martin
Co-Anchor

Glenn Posca
Webmaster

Matt Flowers
Co-Producer

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